

CORONAVIRUS (COVID-19) Emergency Response Plan

Independent Living • Assisted Living • Skilled Nursing



+ Emergency Response Team

Incident Command

Commanding Officer	Donna Taylor, COO
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Dear Friends,

The global impact of the Novel Coronavirus (COVID-19), has been astounding. Within a matter of weeks, life as we know it changed in what felt like a heartbeat.

While the impact at LifeStream has been palpable each day since then, our team's response to its impact has been swift and thorough. Immediately upon hearing the concerns over the rise of the virus, our team took action to safeguard our Residents and Associates. These preparations were further underscored when the Center for Disease Control (CDC) issued its initial guidance for nursing homes and skilled care centers in early March.

Keeping our Residents and Associates safe during this outbreak has been our number one priority. This goal has never changed. We are grateful to report that at the time of this document's publishing there have been no known cases of COVID-19 impacting our Residents or Associates. We continue to diligently follow our own safety precautions, along with those recommended by the CDC and our local governing agencies. Should there be a Resident that becomes ill due to the COVID-19 virus, we are well prepared to respond.

Contained here is our COVID-19 Emergency Response Plan. It outlines how we will go about caring for and safeguarding our Residents should any of them become ill from the COVID-19 virus. For each of the three levels of care, Independent Living, Assisted Living and Skilled Nursing, approaches to care for the Resident are similar in nature. However, the differing environment affords us several distinctions in our approach to providing safe accommodations.

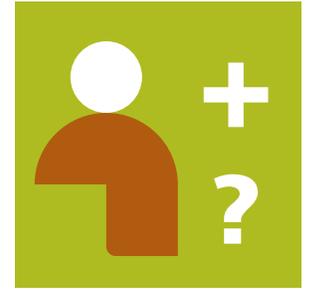
We are publishing our Emergency Response Plan to proactively educate our Residents and their families, as to how we will respond should their loved-one, or any other Resident, become ill with the COVID-19 virus. Our number one priority is the welfare of our Residents and Associates. We will do everything we can to ensure their well-being and safety.

Should you have any questions about this Emergency Response Plan, please send your question via email to info@LifeStreamLiving.com.

Sincerely,

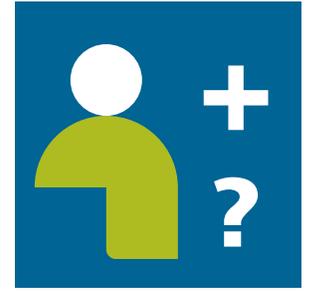
Ron Estes
President & CEO

+ Independent Living



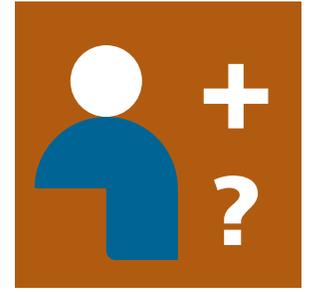
- If a Resident living in Independent Living is diagnosed as **COVID-19 Positive (+)** or is **COVID-19 Unknown (?)** (but suspected to be positive based on signs and symptoms of a respiratory virus) and is considered medically stable and able to recover at home, he/she will be required to self-quarantine as follows:
 - At least 3 days (72 hours) have passed since recovery (defined as resolution of fever without the use of fever-reducing medications); and,
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath); and,
 - At least 7 days have passed since symptoms first appeared.
- Resident must notify the Executive Director immediately upon onset of respiratory symptoms related to COVID-19 (fever, cough, shortness of breath, etc.).
- Resident must not leave their home for any reason, except for life threatening emergency such as fire, and necessary medical appointments. Arrangements should be made for pet care, mail retrieval, etc. to ensure Resident stays in their home at all times. If it is necessary to leave their home, Resident will wear a mask, wash hands prior to departing, avoid contact with others and avoid touching surfaces. Resident will immediately return to their home upon return to the community.
- Staff will not enter the Resident's home except in cases of emergency.
 - Only emergent maintenance will be addressed (i.e. water leaks, clogged toilet, etc.).
 - Meals will be delivered to the door, and Resident will wait until staff has departed before opening and receiving the meal.
 - Housekeeping services, other than trash pick-up, will be suspended until the period of self-quarantine is complete. At that time, a full cleaning will be conducted to disinfect surfaces.
- Home healthcare and/or Hospice will be permitted to enter; provider will adhere to all visitor protocols and will take precautions to limit contact with anyone other than the Resident he/she is at the community to visit.
- If staff must enter the Resident's home during and immediately after the period of quarantine, full Personal Protective Equipment (PPE) will be worn to include: Gown, Face Shield, Gloves and Mask (N95 or equivalent if available; if not, medical mask).
- If appropriate, Resident will be transferred to LifeStream's COVID-19 accommodations (skilled nursing or assisted living, depending on required level of care).
- LifeStream's *Notification Procedures* for Residents and Associates can be found at the bottom of page 6.

+ Assisted Living



- If a Resident living in Assisted Living is diagnosed as **COVID-19 Positive (+)** or is **COVID-19 Unknown (?)** (but suspected to be positive based on signs and symptoms of a respiratory virus) and is considered medically stable and able to recover in an Assisted Living setting, he/she will be transferred to LifeStream's COVID Assisted Living or Skilled Nursing accommodations at the Youngtown community. He/she will remain at these accommodations as follows:
 - At least 3 days (72 hours) have passed since recovery (defined as resolution of fever without the use of fever-reducing medications); and,
 - Improvement in respiratory symptoms (e.g. cough, shortness of breath); and,
 - At least 7 days have passed since symptoms first appeared; or,
 - When deemed to be ready to return to his/her home by medical professional.
- Resident must notify the Assisted Living Manager immediately upon onset of respiratory symptoms related to COVID-19 (fever, cough, shortness of breath, etc.)
- Until the Resident is able to be transferred to LifeStream's COVID accommodations, all standard precautions will be followed to include:
 - Staff who must enter the Resident's home will wear full Personal Protective Equipment (PPE) to include: Gown, Face Shield, Gloves and Mask (N95 or equivalent if available; if not, medical mask).
- Resident must not leave their home for any reason, except for life threatening emergency such as fire and necessary medical appointments. Arrangements should be made for pet care, mail retrieval, etc. to ensure Resident stays in their home at all times. If it is necessary to leave their home, Resident will wear a mask, wash hands prior to departing, avoid contact with others and avoid touching surfaces. Resident will immediately return to their home upon return to the community.
- Other than direct care staff, staff will not enter the Resident's home except in cases of emergency.
 - Only emergent maintenance will be addressed (i.e. water leaks, clogged toilet, etc.).
 - Direct care staff will deliver meals to the Resident and will be in full PPE.
- Home healthcare and/or Hospice will be permitted to enter; provider will adhere to all visitor protocols and will take precautions to limit contact with anyone other than the Resident he/she is at the community to visit.
- If staff must enter the Resident's home during and immediately after the period of quarantine, full PPE will be worn to include: Gown, Face Shield, Gloves and Mask (N95 or equivalent if available; if not, medical mask).
- LifeStream's *Notification Procedures* for Residents and Associates can be found at the bottom of page 6.

+ Skilled Nursing



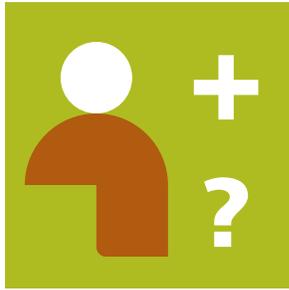
- If a Resident living in Skilled Nursing (Long-Term Care) is diagnosed as **COVID-19 Positive (+)** or is **COVID-19 Unknown (?)** (but suspected to be positive based on signs and symptoms of a respiratory virus) and is considered medically stable and able to recover in a skilled-nursing setting, he/she will be transferred to LifeStream's COVID skilled nursing accommodations at the Youngtown community. He/she will remain in these accommodations as follows:
 - At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications; and,
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath); and,
 - At least 7 days have passed since symptoms first appeared; or,
 - When deemed ready to return to his/her home community by a medical professional.
- Until the Resident is able to be transferred, all precautions will be followed to include:
 - Direct care staff who must enter the Resident's room will wear full Personal Protective Equipment (PPE) to include: Gown, Face Shield, Gloves and Mask (N95 or equivalent if available; if not, medical mask).
 - Resident will be on standard, contact and droplet precautions.
 - Hospice care will be permitted to enter; provider will adhere to all visitor protocols and will take precautions to limit contact with anyone other than the Resident he/she is at the community to visit.
 - Other than direct care staff, staff will not enter the Resident's room except in cases of emergency.
 - Only emergent maintenance will be addressed (i.e. water leaks, clogged toilet, etc.).
- LifeStream's *Notification Procedures* for Residents and Associates are detailed in the following section.

+ Notification Procedures

- LifeStream will notify our Residents/Families or Representatives, and our Associates of COVID-19 impacted individuals following these guidelines:
 - If a LifeStream Resident living in -or- an Associate working in the same area/community is diagnosed as COVID-19 Positive; or,
 - If three (3) LifeStream Residents living in -or- three (3) Associates working in the same living area/community present symptoms of COVID-19 within a 72 hour period.

+ Quick Reference Guide

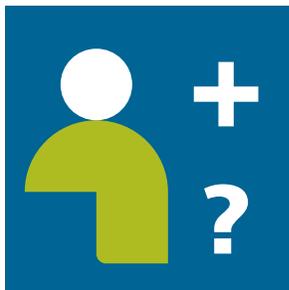
COVID-19 EMERGENCY RESPONSE PLAN



Independent Living

COVID-19 Positive or COVID-19 Unknown, Medically Stable

1. Self quarantine in their own home. Remain in self-quarantine until:
 - a. Minimum 3 days since recovery/no fever; and,
 - b. Improvement in respiratory symptoms; and,
 - c. 7 days have passed since symptoms first appeared.
2. Only Essential Visitors allowed with necessary precautions.
3. If appropriate, transfer to LifeStream's COVID-Accommodations.



Assisted Living

COVID-19 Positive or COVID-19 Unknown, Medically Stable

1. Transferred to appropriate quarantined, COVID-Accommodations at LifeStream at Youngtown. Remain in accommodations until:
 - a. Minimum 3 days since recovery/no fever; and,
 - b. Improvement in respiratory symptoms; and,
 - c. 7 days have passed since symptoms first appeared; or,
 - d. When deemed ready to return by medical professional.
2. Only Essential Visitors allowed with necessary precautions.
3. All standard safety procedures will be followed.



Skilled Nursing

COVID-19 Positive or COVID-19 Unknown

1. Transferred to appropriate quarantined, COVID-Accommodations at LifeStream at Youngtown. Remain in accommodations until:
 - a. Minimum 3 days since recovery/no fever; and,
 - b. Improvement in respiratory symptoms; and,
 - c. 7 days have passed since symptoms first appeared; or,
 - d. When deemed ready to return by medical professional.
2. Only Essential Visitors allowed with necessary precautions.
3. All standard safety procedures will be followed.

+ COVID-19 Positive
Diagnosed through testing

? COVID-19 Unknown - Suspected to be positive
based on signs and symptoms of a respiratory virus.



www.LifeStreamLiving.com/Coronavirus

COVID-19 Info Line: 623-933-8753

Info@LifeStreamLiving.com

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