



## + Visitation Guidelines & Requirements

### ASSISTED LIVING & SKILLED NURSING COMMUNITIES

September 16, 2020

- 1. Visits are by appointment only.** Each appointment will be at a dedicated and isolated location. Appointments help us manage the inflow of our Guests and help to reduce exposure risk among Residents and Guests. Visits will be limited to 1-hour to help us reduce potential exposure as well. *(Required for Indoor and Outdoor visits)*
- 2. Visits are limited to two loved ones, plus the Resident.** For the time being, visits will be limited to two visitors, plus the Resident. To help as many Residents see their loved ones as possible, we respectfully ask that you limit your visits to one per week. *(Requested for both Indoor and Outdoor visits).*
- 3. Visitors must present negative COVID-19 test results with a test collection time less than 48 HOURS old.** Upon check-in, every visitor must present documentation of a negative COVID-19 test result with a collection time that is LESS THAN 48 HOURS old. Results of a PCR test (nasal swab or saliva) or Antigen test (typically used in a rapid test) will be acceptable. *(Required for Indoor visits)*
- 4. Visitors must certify they have been isolated.** Each Visitor will be required to sign an *Attestation* certifying that he/she has been safely isolated in the time between when the COVID-19 test was performed and the scheduled visit. *(Required for Indoor visits)*
- 5. Visitors must be fever and symptom free.** Each Visitor will undergo a health screening and have their temperature taken at check-in. The Visitor must not have or show any signs or flu-like symptoms of COVID-19 including: fever (100.0 degrees or more), chills, muscle/body aches, cough, shortness of breath, and other respiratory-like illness. *(Required for Indoor and Outdoor visits)*

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- 6. Visit will be recorded in a *Visitor Log*.** For added safety and to facilitate contact tracing, LifeStream will maintain a visitor log at each community. This log will record the visitor's test results, health screening data, and Attestation of isolation. *(Required for Indoor and Outdoor visits)*
  
- 7. Visitors and Residents must wear a mask at all times.** To help reduce the potential spread of this highly contagious virus, we are required to ensure that every visitor is wearing a mask at all times while visiting our communities. Please note that masks with a vent or valve are not permitted. We will also ensure that our Residents and Associates are wearing protective masks. *(Required for Indoor and Outdoor visits)*
  
- 8. Visitors must observe 6' Comfort Zone.** Social distancing has been shown to be an effective tool in helping reduce exposure risk. All visitors must help us practice social distancing with a 6' Comfort Zone at all times and limit contact with the Resident as much as possible. *(Required for Indoor and Outdoor visits).*
  
- 9. Visitors must sanitize hands.** Each visitor, prior to the Resident visit, must sanitize their hands. For convenience and added safety, we will have several sanitization stations throughout our community for hand sanitizing. *(Required for Indoor and Outdoor visits)*
  
- 10. Visits occur in sanitized, dedicated spaces.** The dedicated and isolated visiting locations will have plenty of room to observe our 6' Comfort Zone. We have both indoor and outdoor dedicated locations; with the outdoor locations subject to extreme weather conditions, including high-heat and air quality – as determined by the Community. Enhanced cleaning and sanitization of the dedicated space will occur in between each appointment. *(Will occur for Indoor and Outdoor visits)*

*Please note: Arizona Department of Health Services requires us to temporarily suspend visitation for a community if there is a COVID-19 outbreak in that community. They further require that visits be suspended if we do not have sufficient staff or personal protective equipment to support visitation.*