



+ Visitation Guidelines & Requirements

INDEPENDENT LIVING

September 18, 2020

- 1. Appointments.** With the exception of LifeStream at Thunderbird, appointments are not required. Because of LifeStream at Thunderbird's structure and closely-knit community, we're asking all visitors make an appointment online. Appointments help us manage the inflow of our Guests and help to reduce exposure risk among Residents and Guests. Visits will be limited to 1-hour to help us reduce potential exposure as well.
- 2. Limit visits to two family members/loved ones, plus the Resident.** For the time being we advise that there be only two visitors, plus the Resident. Limiting to two visitors helps reduce the risk of exposure.
- 3. Consider visiting outside.** Weather permitting, outside visits are best and help reduce potential exposure.
- 4. Visitors and Residents should be fever and symptom free.** The visit should not occur if either the Visitors or Residents have any flu-like symptoms of COVID-19 including: fever (100.0 degrees or more), chills, muscle/body aches, cough, shortness of breath, and other respiratory-like illness.
- 5. Mask up! Visitors and Residents should wear a mask at all times.** To help reduce the potential spread of this highly contagious virus, we are strongly recommending that every visitor and Resident wear a mask at all times while visiting.
- 6. Visitors should observe 6' Comfort Zone.** Social distancing has been shown to be an effective tool in helping reduce exposure risk. All visitors should observe a 6' Comfort Zone at all times and limit physical contact with the Resident as much as possible.
- 7. Visitors should sanitize hands.** Each visitor, prior to the Resident visit, should sanitize their hands.

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