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T O: LifeStream
Independent Living
Residents and
Family Members

F R O M: Donna Taylor,
Chief Operating Officer

D A T E: September 17, 2020

S U B J E C T: Independent Living Visits
with Family & Loved Ones

Last week we announced that beginning on Thursday, September 17, we are welcoming visitors by reserved appointment for our Assisted Living and Skilled Nursing Communities. We wanted to provide added clarity as it relates to visits with our Independent Living Residents.

Our Independent Living Residents are welcome to have visitors at most any time. That being said, the virus continues to be highly contagious, and is well known to be carried by asymptomatic individuals. Should our Independent Living Residents choose to have visitors, we continue to advise the following for those visits to help reduce risk of exposure.

Visitation Guidance

For Independent Living Communities

- 1. Appointments.** With the exception of LifeStream at Thunderbird, appointments are not required. Because of LifeStream at Thunderbird's structure and closely-knit community, we're asking all visitors make an appointment online. Appointments help us manage the inflow of our Guests and help to reduce exposure risk among Residents and Guests. Visits will be limited to 1-hour to help us reduce potential exposure as well.
- 2. Limit visits to two family members/loved ones, plus the Resident.** For the time being we advise that there be only two visitors, plus the Resident. Limiting to two visitors helps reduce the risk of exposure.
- 3. Consider visiting outside.** Weather permitting, outside visits are best and help reduce potential exposure.

4. **Visitors and Residents should be fever and symptom free.** The visit should not occur if either the Visitors or Residents have any flu-like symptoms of COVID-19 including: fever (100.0 degrees or more), chills, muscle/body aches, cough, shortness of breath, and other respiratory-like illness.
5. **Mask up! Visitors and Residents should wear a mask at all times.** To help reduce the potential spread of this highly contagious virus, we are strongly recommending that every visitor and Resident wear a mask at all times while visiting.
6. **Visitors should observe 6' Comfort Zone.** Social distancing has been shown to be an effective tool in helping reduce exposure risk. All visitors should observe a 6' Comfort Zone at all times and limit physical contact with the Resident as much as possible.
7. **Visitors should sanitize hands.** Each visitor, prior to the Resident visit, should sanitize their hands.

Though our State and County COVID-19 benchmarks have continued to improve over the past few weeks, we continue to advise extreme caution for all of LifeStream's Residents when visiting with Family and Loved ones. As we continue navigating life with the coronavirus, we continue to take cautious steps forward together with you – back to Community with one another.

Should you have additional questions, please don't hesitate to contact us at info@LifeStreamLiving.com or 623-933-8753.

Stay safe. Stay well.

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If you haven't already, consider signing up for our COVID-19 communications email list. You will receive a weekly recap of all COVID-19 related communications. You can sign up to receive our COVID-19 communication emails at: www.LifeStreamLiving.com/covid-19-updates